



# RS800 European Championships and RS100/RS200/RS400/RS500/RS700 Eurocup 2018

Hosted by YC Carnac  
Competition – 26 May to 29 May 2018

Organising Authority  
YC Carnac in conjunction with the  
RS Class Associations

## SAILING INSTRUCTION

*[DP]* in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

*[NP]* denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a)

*[SP]* denotes a rule for which a standard penalty has been applied by the race committee or technical committee without a hearing.

### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The French National prescriptions "FFVoile prescriptions" for foreign competitors apply (see NoR)
- 1.3 The International RS Class Associations Rules will apply.
- 1.4 The racing rules will be changed as follows:
  - RRS 31 : For RS100, RS400, RS700, RS800, Rule 31 changed so that marks other than starting and finishing marks may be touched without penalty.
  - RRS 35 IS changed to score boats finishing outside the time limit in their observed position on the course.
  - RRS 40 changed so that personal Floatation Devices shall be worn at all times while afloat.
  - RRS 44 - the turn penalties are changed in SI § 15The Sailing Instructions may also change other racing rules.
- 1.5 RRS Appendix T "Arbitration" will apply
- 1.6 If there is a conflict between languages the English text will take precedence.

### 2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board, situated under the white tent.
- 2.2 A Competitors Briefing will be held on Saturday 26 May at 1200hrs outside the Clubhouse. Subsequent briefings may be held and will be advised on the Official Notice Board.

### 3. CHANGES TO SAILING INSTRUCTIONS

Any changes to the Sailing Instructions (SIs) will be posted for at least two hours before the scheduled start time of the race or races concerned; except that any change to the schedule of races shall be posted by 2000hrs on the day before it will take effect.

### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole situated at the end of the pier beside the main slipway



- 4.2 When "IC flag 'AP'" is displayed ashore, races are postponed. In 'Race Signals "1 minute", is replaced with 'not less than 30 minutes'. This changes the meaning of "AP" in RRS Race Signals. Boats are requested not to leave the harbour until this signal is lowered.
- 4.3 Flag "D" will be displayed with a sound signal will mean: "Boats are requested to sail to their course area". The warning signal will be made not less than 30 minutes.

## 5. SCHEDULE OF RACES

### 5.1 Races

Dates of Racing – Number of Races – First scheduled warning signal

Saturday 26 May	2 races	13:55
Sunday 27 May	3 races	11:55
Monday 28 May	3 races	11:55
Tuesday 29 May	2 races	10:25

- 5.2 One extra race per day may be sailed, provided that the class becomes no more than one race ahead of schedule, and the change is made in accordance with SI § 3. No more than 5 races will be sailed in any one day.
- 5.3 On the last day of racing no warning signal will be made after 15:00.
- 5.4 In the event of a race being recalled, restarted, re-sailed or abandoned the next race sailed will be that race with subsequent races being sailed thereafter in their scheduled order.
- 5.5 The sunset time for the entire event will be: 21:58

## 6. CLASS FLAGS

The class flags will be

- RS100 Red Flag with black RS100,
- RS200 Yellow flag with black RS200,
- RS400 Purple flag with black RS400,
- RS500 Green flag with black RS500,
- RS700 Grey flag with black RS700,
- RS800 White flag with black RS800,

## 7. RACING AREA

The racing area will be in the Bay de Quiberon. See in Appendix A

## 8. THE COURSES

- 8.1 The diagrams in Appendix B show the courses, including the order in which marks are to be passed, and the required side on each mark.
- 8.2 **The number of rounds to be sailed will be displayed on a notice board from the Committee Boat for each course.**
- 8.3 If one of two gate marks is missing and has not been replaced as described in RRS 34, then the remaining mark shall be rounded to port. This changes RRS 34.
- 8.4 The approximate bearing of the windward mark may be displayed on the committee boat prior to the warning signal.

## 9. MARKS

The course marks are described in Appendix C of these SIs.

## 10. THE START

- 10.1 Starts will be in accordance with rule 26.
- 10.2 The starting line will be between a mast displaying an orange flag on the Committee Boat at the starboard end and the port-end starting mark.
- 10.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.1.& A5
- 10.4 Whose warning signal has not been made shall avoid the starting area during the starting sequence of other races.

## 11. [NP] MINIMUM WIND STRENGTH

Races will not be started unless the Race Officer is satisfied that the wind strength over the whole of the course is in excess of 4 knots.



**12. CHANGE OF NEXT LEG OF THE COURSE**

To change the next leg of the course, the race committee will lay a new mark (or move the finish line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by the original mark. The change will be made in accordance with RRS 33.

Course T: When a change of course is signalled at the leeward gate (Marks 3 & 4), only mark 1 will be moved, (no offset mark = mark 2 will not be relayed.)

**13. SHORTENING COURSES**

The race may be shortened in accordance with RRS 32.2. All competitors shall complete the number of rounds equal to the leading boat before proceeding to the finish. This changes RRS 32.2.

**14. THE FINISH**

The finish line will be between a staff displaying an orange flag on the committee boat and the course side of the finishing mark.

**15. PENALTY SYSTEM**

15.1 For all fleets except the RS200 rule 44.1 is changed so that the Two-turn Penalty is replaced by the One-Turn Penalty.

15.2 Apart from the RS200 and RS500, boats may touch a mark other than the starting or finishing mark. A boat shall not manhandle a mark when it results in an advantage. This changes RRS 31

15.3 For the RS200, the penalty for hitting marks is one-turn. For all other infringements, the penalty is two-turns.

15.4 **Whistle system** In order to encourage boats to take penalties afloat, jury members may blow a whistle when they see what they believe to be a breach of a rule. If no boat takes a penalty, the international jury may lodge a protest.

**16 [NP] TIME LIMITS**

16.1 If no boat has passed Mark 1 within 25 minutes, the race will be abandoned. Failure to meet the target time will not ground for redress. This changes the RRS 62.1(a)

16.2 The Race Committee will have a target time of 45 minutes for the first boat to sail the course and finish. Failure to meet the target time will not be ground for redress. This changes the RRS 62.1(a)

16.3 [NP] The time limit shall be 80 minutes from the valid start for the first boat that sails the course and finishes. Boats failing to finish within 25 minutes after the first boat finishes will be scored DNF (did not finish) This changes RRS 35, A4 and A5. Failure to meet the target time will not ground for redress. This changes the RRS 62.1(a)

**17. PROTESTS AND REQUESTS FOR REDRESS**

17.1 Protest forms will be available from the Race Office (1st Floor of YC Carnac). They shall be delivered there within the protest time limit.

17.2 For each class, the protest time limit is **60** minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.

17.3 Notices will be posted within 30 minutes of the expiry of the protest time to inform competitors of hearings in which they are parties to, or named as witnesses. It shall be the responsibility of competitors to check the notice board for such notices, obtain their copy of the protest form and make sure that they and their witnesses attend the hearing.

17.5 For infringements of the rules other than in Parts 1 and 2 of the RRS, the protest committee may award a lesser penalty than disqualification. **[DP]**

17.6 **[NP]** Breaches of instructions 10.4, 19, 20, 21, 22, 23, 24, 26, 27 will not be grounds for a protest by a boat This changes rule 60.1(a).

17.7 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).

17.8 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

17.10 Decisions of international jury will be final as provided in RRS 70.5.

**18. SCORING SYSTEM**

18.1 (a) Three races are required to be completed to constitute the series.

(b) When fewer than 4 races have been completed, a competitor's series score will be the total of her race scores.

(c) When from 4 -7 races have been completed, a competitor's series score will be the total of her race scores excluding her worst score.



- (d) When 8 or more races have been completed, a competitor's series score will be the total of her race scores excluding her two worst scores.

18.2 To request correction of an alleged error in posted race or series results, a competitor may complete a "scoring enquiry form" available at the race office.

**18.3 Series/event tie:** If, after discard, two or more competitors have the same points total the tie will be broken in accordance with RRS Appendix A8.1 & A8.2.

**19. [NP] [DP] [SP] SAFETY REGULATIONS**

19.1 Personal Flotation Devices for crew members shall be worn at all times whilst afloat. This changes RRS 40 and the preamble to Part 4.

19.2 A boat that retires shall sign a declaration form on coming ashore before the end of protest time. The forms will be available in the race office.

19.3 All competitors must sign a "checking OUT form before departure and checking IN after coming back ashore. The checking place will be in the entrance of YC Carnac. The time limit for checking OUT will be the starting time for the first race. The time limit for checking in will be the protest time limit

19.4 Penalty for breaking SI §19.3:

Competitor shall receive a penalty of 10% calculated on the number of boats entered without hearing (change RRS 63.1)

- On first race of the day for default check OUT
- On the last race of the day for default check IN
- on all races of the day in case of default Check OUT + IN

But no more than DNF

19.5 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.

19.6 In accordance with RRS 43.1 and WORLD SAILING Case 89, no clothing or equipment may be worn on the body of helm or crew to carry liquid of any description, even if for the purpose of re-hydration; this includes camelbacks, water bottles and cans of drink.

**20. [NP]. REPLACEMENT OF CREW OR EQUIPMENT**

20.1 For the event only the helm or helm and crew team named on the entry form will be eligible. If a different helm or helm and crew team completes a race in the same boat then they will be considered a separate entry and their results cannot be combined with another helm's results.

20.2 The registered helm and crew may swap roles without restriction.

20.3 Crews may only be changed during the series of races comprising an event from the person named on entry form with written permission in advance from the Race Committee or Class Representative. If it is known at the start of the event that there will have to be a change crew during the event then both crews should be registered on entry form along with which day(s) they will be sailing.

20.4 **Distinguishing Numbers.** Under exceptional circumstances, the Race Committee may permit a boat to use sails carrying a distinguishing number other than that required by RRS77 and RRS Appendix G. Such permission is only valid if sought in writing and granted at least 2 hours before the advertised start of that day's racing.

**21. [NP]. EQUIPMENT AND MEASUREMENT CHECKS**

21.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

21.2 On RS200 only, the use of a pole to control the clew of the spinnaker is not permitted and the spinnaker may not be flown in a goose-winged fashion on the opposite side to the mainsail.

21.3 When Class Association-approved scales are provided at the event, competitors in classes with equalisation shall be measured in accordance with the Class Rules before racing in the event but not more than 24 hours before the first scheduled start. The measurements and the corresponding rack and corrector weight settings shall be recorded on the form provided, available to view by all competitors, and will apply for the duration of the event. If a helm or crew is substituted during the event, the new sailor will be measured before racing and the boat's rack and corrector weight settings adjusted and recorded to suit.

**22. [NP]. ADVERTISING**

22.1 Boats shall display advertising supplied by the organizing authority as specified in the NOR.

22.2 When provided at registration, competitors shall make every reasonable effort to display event sponsors promotional items on their boat and sails as directed. If sponsor promotional items come off whilst racing,



competitors must obtain replacement items from the RS Association before the start of racing the following day, if the Association has sufficient stocks available.

- 22.3 There will be no restriction on the number or coverage of advertisers logos or slogans except for the front 20% of the forward part of each side of the hull and the foremost 20% of the mainsail boom bottom, which are reserved for RS Association event sponsors. [World Sailing regulation 20 Advertising Code]
- 22.4 Any individual caught stealing sponsor promotional items, e.g. flags, banners, prizes, etc. shall be the subject of a report by the Race Committee to the Protest Committee requesting action under RRS 69.2(a).
- 23. [NP]. RADIO COMMUNICATIONS**  
A boat shall neither make nor receive radio transmissions, text messages or cellular phone calls while racing except in an emergency or when using equipment provided by the race committee.
- 24. [NP] OFFICIAL BOATS**  
Official boats will be marked as follows:  
Race Area Yellow: Yacht Club de Carnac flag or sticker + Yellow pennant  
Race Area Pink: Yacht Club de Carnac flag or sticker + Pink pennant  
Jury Yellow flag with Jury in Blue dark  
Failure to display "flag" will not be grounds for a protest by a boat This changes rule 60.1(a).
- 25. [DP] SUPPORT BOATS**
- 25.1 Support boats shall be registered with the organizing authority and will be required to comply with event support boat regulations.
- 25.2 All support boats shall clearly display the following identification: Yellow Vest supplied by the OA at all times while afloat.
- 25.3 **[DP]** Support persons as defined in the RRS shall stay outside areas where boats are racing from the time of the starting sequence until all boats have finished or the race committee signals a postponement, general recall or abandonment.
- 25.4 If a support boat does not comply with the instructions above, the race committee may request the jury to impose a discretionary penalty after a hearing to some or all associated competitors and may include further restrictions on the movement of their support boat. This changes RRS A5.
- 25.5 Kill cords shall be worn whilst engines are running, the course safety officer will be looking out for compliance on this issue, there are no excuses and boats may be requested to leave the race area immediately if kill cords are not being used appropriately.
- 25.6 If a support boat does not comply with the instructions above, the race committee may impose a discretionary penalty to some or all associated competitors and may include further restrictions on the movement of their support boat. This changes RRS A5.
- 25.7 All coaches will have a VHF radio with, at least, operative while afloat.
- 26. [NP]. DISCLAIMER OF LIABILITY**
- 26.1 The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/competitor, his skipper or crew as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability of his boat for the race or races.
- 26.2 The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/competitor racing the boat, who shall ensure that the boat is fully found, thoroughly seaworthy and manned by a crew sufficient in number and experience who are physically fit to face bad weather. The owner/competitor shall be satisfied as to the soundness of the hull, spars, rigging, sails and all gear. He shall ensure that all safety equipment is properly maintained, stowed and in date and that all crew know where it is kept and how it is to be used.
- 26.3 Neither the establishment of these Sailing Instructions nor any inspection of the boat under these conditions in any way limits or reduces the absolute responsibility of the owner/competitor for his crew, the boat and the management thereof. The crews are nonetheless advised to satisfy themselves as to the experience of the skipper and the adequacy of all safety equipment and insurance arrangements.
- 27. [NP]. TRASH DISPOSAL**  
Trash may be placed aboard support or official boats.  
Competitors and their support persons shall not drop trash in the dinghy park.
- 28. [NP]. INSURANCE**  
Each participating boat shall be adequately insured with valid third-party liability insurance.



**29. RIGHTS TO USE NAME AND LIKENESS**

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

**30. PRIZES**

30.1 Prizes will be awarded to the top 3 of each fleet.

30.2 The overall winners of the RS800 Championship fleet series will be awarded the first place trophy and the title European Champions.

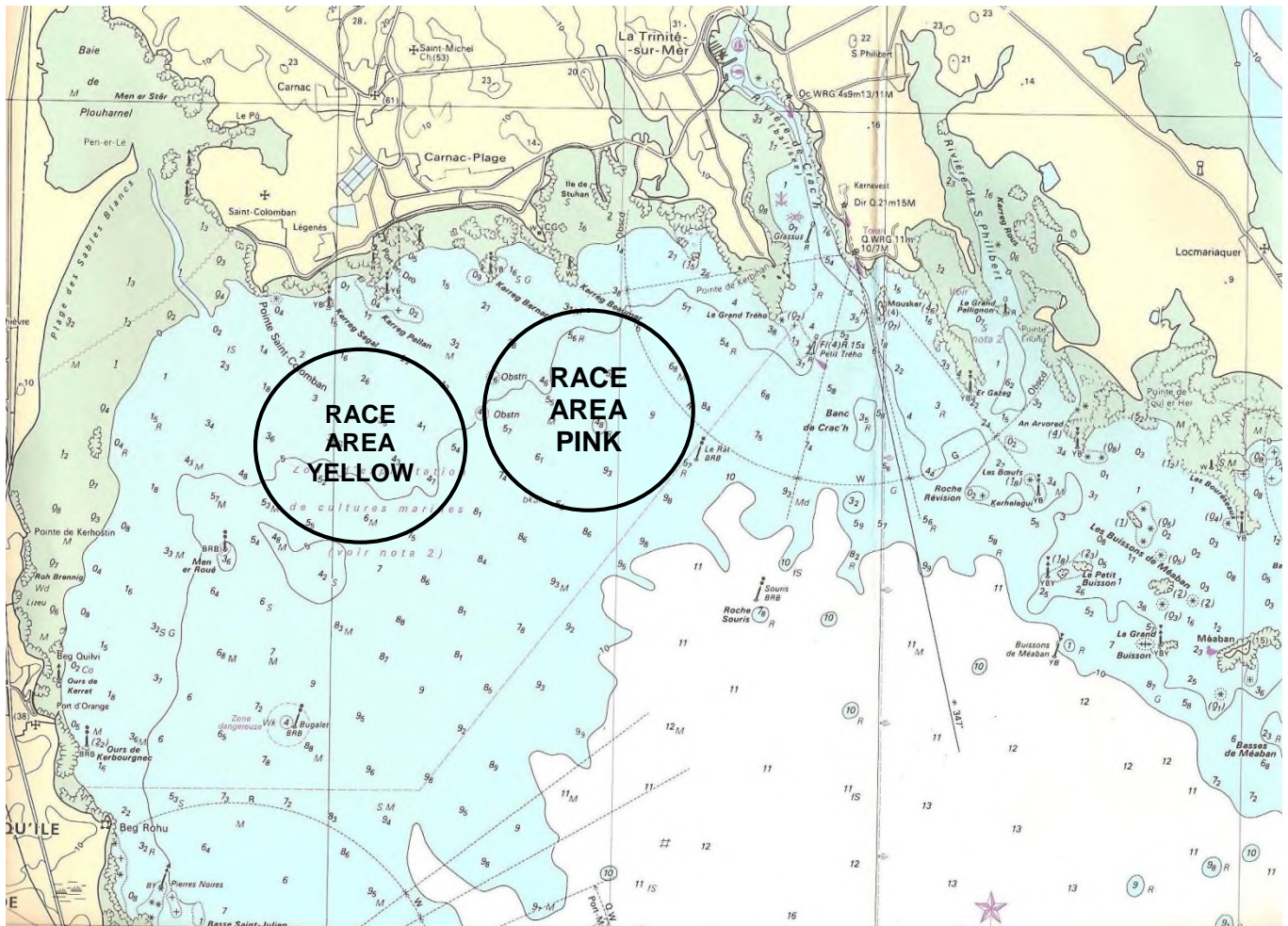
**31. USE OF DRONES**

Event drones (UAVs/UASs) may be used in close proximity to obtain media for an event. This may be on land and/or over water. Any material gained from their use can be used by the event team or sponsors for PR and Media purposes. The drone's driver shall have a valid licence approved by French administrations.

**Tide schedule:**

	Low tide	High tide	Coef :
26/05/2018	9:44	16:11	73
27/05/2018	10:33	16:46	79
28/05/2018	11:16	17:19	83
29/05/2018	11:55	17:52	84

## APPENDIX A – RACES AREAS

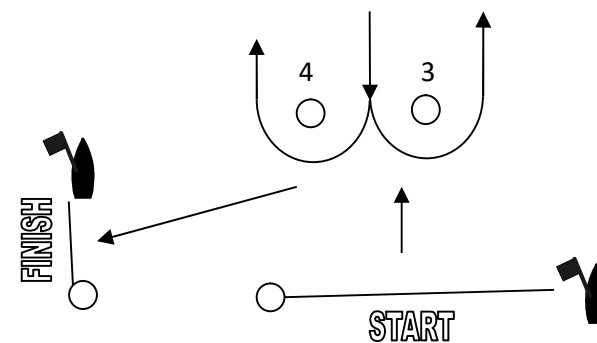
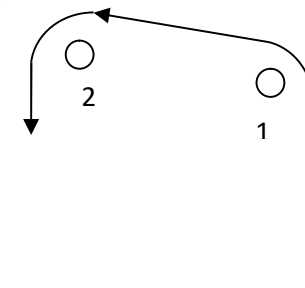
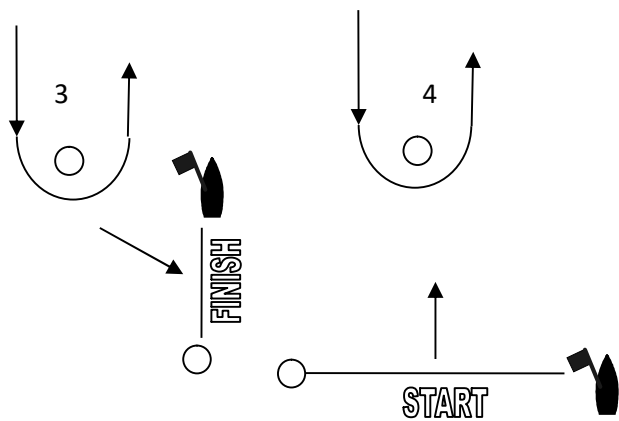
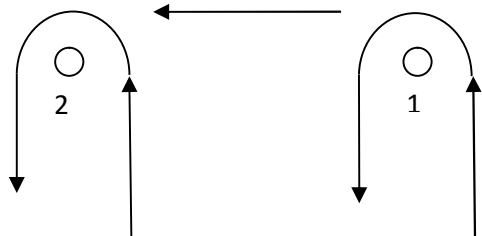


**RACE AREA PINK:** RS 500 / RS 700 / RS 800

**RACE AREA YELLOW:** RS 100 / RS 200 / RS 400



APPENDIX B – COURSES



Course I - Inner		Course O - Outer	
Signal	Marking Rounding Order	Signal	Marking Rounding Order
I 2	Start – 1 – 4 – 1 - 2 – 3 - Finish	O 2	Start – 1 – 2 - 3 – 2 – 3 - Finish
I 3	Start – 1 – 4 - 1 - 4 – 1 - 2 – 3 Finish	O 3	Start – 1 – 2 - 3 - 2 – 3 – 2 – 3 - Finish

COURSE :

« T 2 »  
 Start / 1 / 2 / gate 3-4 / 1 / 2 / 4 / finish

« T 3 »  
 Start / 1 / 2 / gate 3-4 / 1 / 2 / gate 3-4 / 1 / 2 / 4 / Finish





APPENDIX C - MARKS

**For all Courses**

<b><u>RACE AREA PINK:</u></b> RS 500 / RS 700 / RS 800	
STARTING MARK	White Buoy with FFVOILE
FINISH MARK	Yellow Buoy
MARK 1	Red Buoy
MARK 2	Red Buoy
MARK 3	Red Buoy
MARK 4	Red Buoy
NEW MARK	Yellow Buoy

<b><u>RACE AREA YELLOW:</u></b> RS 100 / RS 200 / RS 400	
STARTING MARK	White Buoy with FFVOILE
FINISH MARK	Yellow Buoy
MARK 1	Yellow Buoy
MARK 2	Yellow Buoy
MARK 3	White Buoy with Yellow Round
MARK 4	White Buoy with Yellow Round
NEW MARK	Orange Buoy