

Basic RS 700 Manoeuvres – Andy White

Launching

Before putting the boat in the water put the centreboard and tiller extension on the tack you intend to sail of on.

Put the boat on the water with no tension in the kicker or Cunningham.

Even upwind it's generally best to launch without the centreboard. Putting the centreboard in from outside the boat is hard and you are lightly to damage your centreboard box and the centreboard itself.

Make your way to the transom and push off, jump in and push the rudder down enough to steer, hopefully all at the same time! Keep off the wind to initially get away from the beach. As soon as possible put the centreboard in enough to stop you slipping side ways and for the boom to clear it should you want to tack. Now sail away from the beach put the centreboard in and attach the elastic then put the rudder down properly.

Launching the kite

Keep the blocks and ropes running as well as possible, it will save your arms and make the kite last longer, invest in a can of silicone lubricant, it also makes launching easier.

Remember the pump system is a 1:2 against the load is always a lot more the expected, particularly at the end of a race!!

1. Ease the kicker before bearing away
2. Bear away on to a run/ very broad reach.
3. Dump mainsheet and let go.
4. If not already cleated, uncleat down haul cleat at the end of the sock, and make sure elastic shock cord is tensioned, (this should already be done).
5. Pump kite up.
6. Get kite filling.
7. Move on to wing and pull main in so it is approx. on the quarter depending on wind strength Cleat it! And leave main in the boat.
8. Get out on the trapeze. And heat her up
9. Note: If you don't pull the main in enough the boat will be really badly balanced and hard to steer, not to pleasant.

Dropping the Kite

Put spinnaker sheet in backhand to keep filling

1. Come in off the wire and dump the main as quick as possible, still keeping kite filling.
2. Uncleat kite and pump down as quickly as possible.

Note. If you let the kite flap you will slow down your apparent wind will go to the transom and make it tougher, also the kite will get in a tangle, making it harder to pull in and re launch.

Capsize recovery

If the boat inverts it takes ages to get upright so get your weight on the plate at quickly as possible.

1. Dump the kicker and re-cleat it.
2. Get the boat on to its side.
3. Lean in under the wing and uncleat all the kite cleats including the elastic.

4. Pull Down from directly behind the down haul cleat.

Note: If you try and pump it down you are increasing the load by 2:1 making it really hard. So pull it down like a normal kite.